

LEADERSHIP SUMMIT

Texas Medical Association

Physicians Caring for Texans

SEPT. 17-19 • IRVING, TX

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Conference Essentials

@texmed @wearetma #LeadershipSummit2026

Registration Hours

The Westin, Melody Foyer, Level 1
Thursday, Sept. 17 2-6 pm
Friday, Sept. 18 4-7:30 pm

Irving Convention Center, Level 4
Friday, Sept. 18 7 am-7 pm
Saturday, Sept. 19 6:30 am-2 pm

Exhibit Hours

Irving Convention Center, Level 4
Friday, Sept. 18 11 am-5:30 pm
Saturday, Sept. 19 7:30 am-12:15 pm

Lactation Room

Thurs, Sept. 17 8 am-8 pm
Friday, Sept. 18 8 am-8 pm
Westin Hotel, Cadence Boardroom

Friday, Sept. 18 7 am-7 pm
Saturday, Sept. 19 6:30 am-4 pm
Irving Convention Center, Level 1, Mamava Pod

Courtesy of the Women Physicians Section and Young Physician Section

Parking Information

Current rates do not include tax and are subject to change; all parking is on a space available basis.

Irving Convention Center
Daily parking: $15 per day (no in and out)

The Westin
Daily parking: $18 | Valet: starting at $25

Texican Court
Free with validation code for hotel guests

Complimentary Baggage Check

Irving Convention Center, Level 4
Saturday, Sept. 19, 6:30 am-2 pm

Wi-Fi Information

The Westin
Network: Westin_Conference
Passcode: TMA26

Irving Convention Center
Network: LeadershipSummit
Passcode: weareTMA

CME Reporting Simplified!

TMA is taking care of your CME credit tracking for you. *See page 13.*



SHOP VENDORS THAT SUPPORT TMA

TMA is strengthening the practice of medicine in Texas with the help of our long-term supporters – TMA 360 Vendors. We encourage you to frequent these vendors with your business.

texmed.org/VendorGuide

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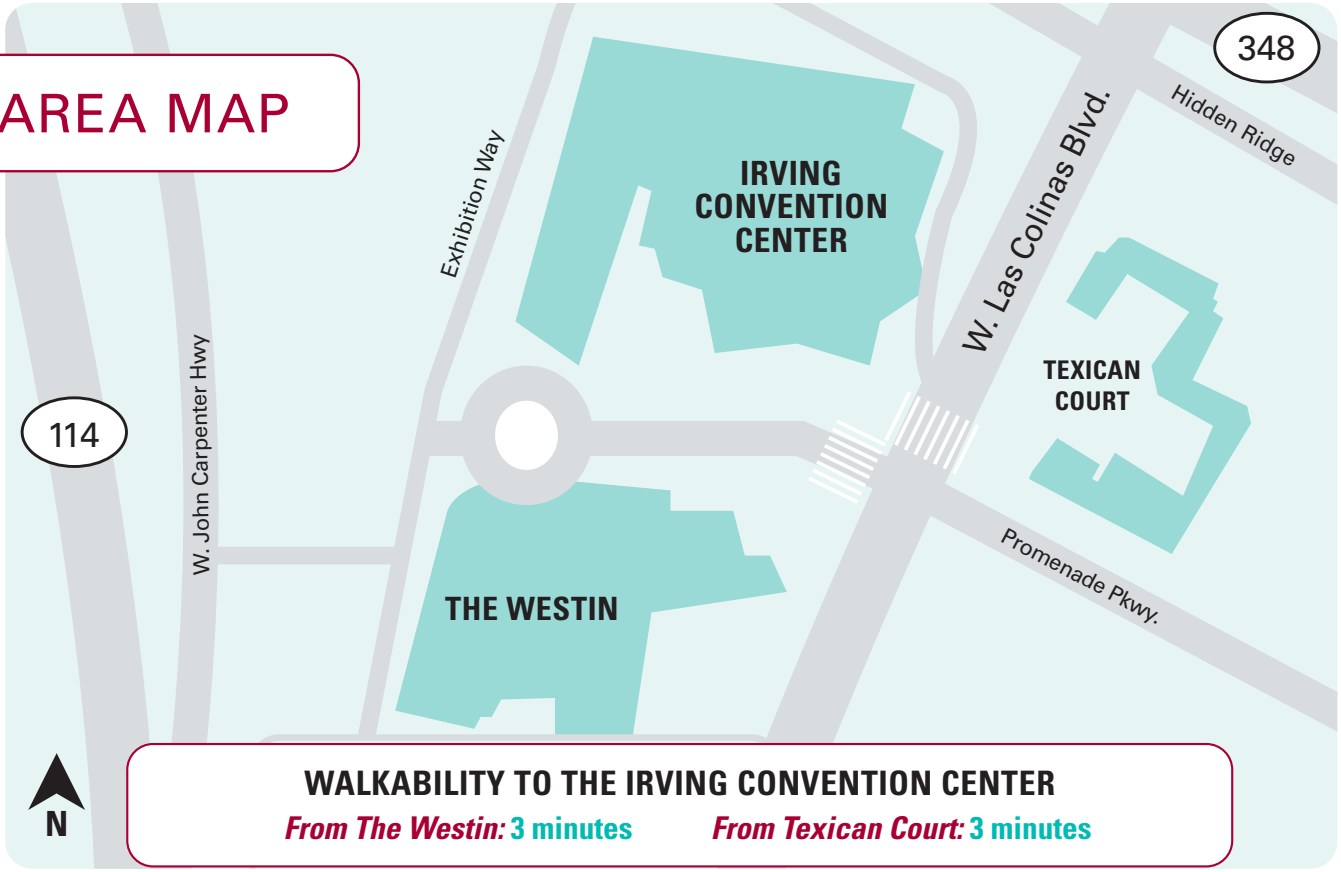
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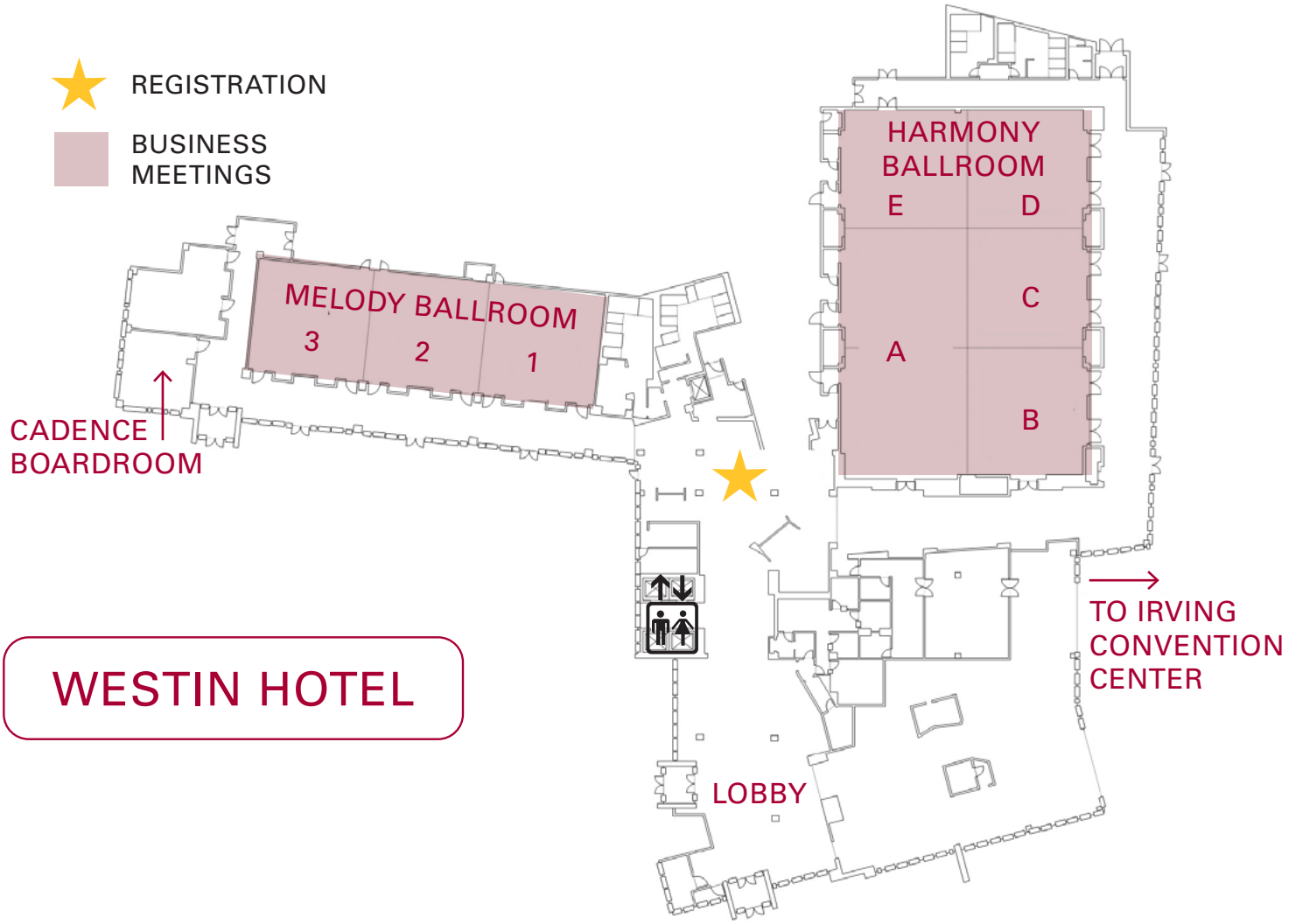
AREA MAP



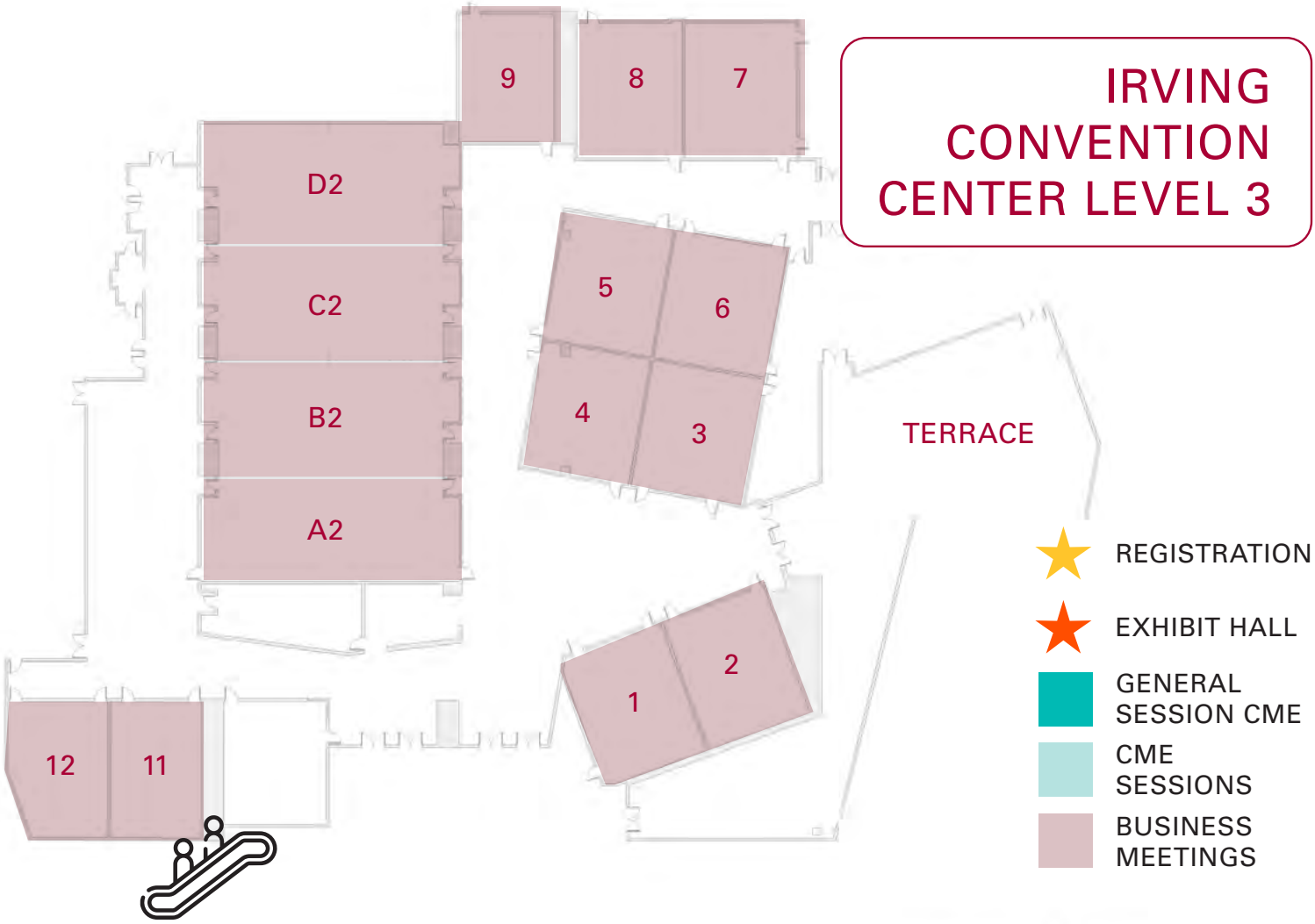
WALKABILITY TO THE IRVING CONVENTION CENTER

From The Westin: 3 minutes *From Texican Court:* 3 minutes

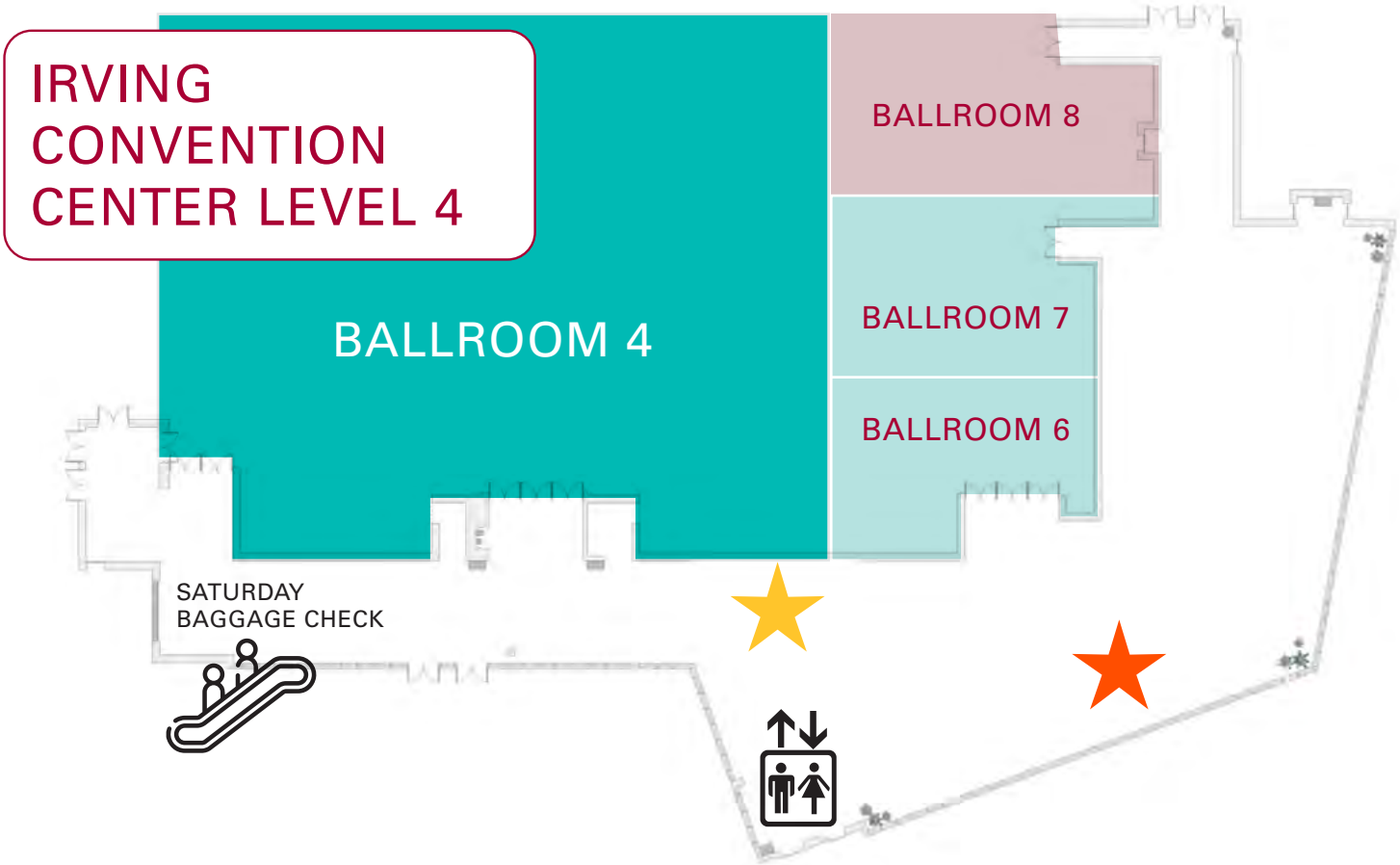
WESTIN HOTEL



IRVING CONVENTION CENTER LEVEL 3



IRVING CONVENTION CENTER LEVEL 4




THURSDAY
NIGHT SOCIAL
TAILGATE
Kick off Leadership Summit with your colleagues at the TMA Tailgate!
Enjoy friendly competition, casual conversation, and a chance to connect before the conference gets underway.
4-6 PM
IRVING CONVENTION CENTER, 3RD FLOOR TERRACE


THE TMLT DIFFERENCE
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AGENDA
FRIDAY, SEPT. 18

Registration
7 am-7 pm | *Irving Convention Center*
4-7:30 pm | *Westin*

Expo Hall Open
11 am-5:30 pm | *Irving Convention Center*

8 am-10 pm	**Various Business and Governance Meetings**
11:45 am-1 pm	**Opening General Session and Lunch**
ICC Ballroom 4 Level 4	**SAY THE THING: Why Critical Conversations Don't Happen – And What It's Costing You** Therese Gopaul-Robinson, MPH Leaders often know what needs to be said but hesitate because of timing, emotional complexity, role uncertainty, or concern about how their message will be received. As a result, important conversations are delayed, softened, or avoided – leading to misalignment, repeated work, strained relationships, and unnecessary escalation. In this keynote, Therese will challenge leaders to rethink communication by focusing not on what to say, but on why critical conversations don't happen in the first place – and how to navigate them more effectively in real time.
1:15-2:45 pm	**CONCURRENT CME SESSIONS**
ICC Ballroom 7 Level 4	**SAY THE THING...IN PRACTICE: Turning Avoided Conversations into Action** Therese Gopaul-Robinson, MPH This interactive workshop is designed to turn insight into action. Through real-world workplace scenarios and conversations participants are currently avoiding or struggling to navigate, Therese guides attendees through a practical, structured approach for addressing difficult conversations with greater clarity and confidence. Rather than leaving with abstract ideas, participants walk away with a clear plan for one specific conversation they need to have – including the language, framework, and next steps they can put into practice immediately.
ICC Ballroom 6 Level 4	**Organized Medicine 101: Where Leadership Begins** Tina Philip, DO; Vivek Rao, MD; Dexter Turnquest, MD *Moderator: Michael Darrouzet* Getting involved in organized medicine starts at the grassroots level – your local county medical society. Hear from physician leaders representing county medical societies of varying sizes as they share how they became involved, developed leadership opportunities, and expanded their impact from the local level to the Texas Medical Association. Attendees will gain practical guidance on how to navigate involvement opportunities, build connections, and take the first steps toward shaping the future of medicine through organized medicine leadership and advocacy.
2:45-3:30 pm	**Coffee Break in Expo Hall**
3:30-4:30 pm	**CONCURRENT CME SESSIONS**
ICC Ballroom 6 Level 4	**Mock House of Delegates** John Flores, MD, Speaker of the House, TMA Mark Casanova, MD, Vice-Speaker of the House, TMA This interactive Mock House of Delegates session provides participants with a hands-on introduction to the policymaking and governance process within TMA. Attendees will learn the structure, rules of procedure, and effective strategies for debating, amending, and voting on resolutions in a realistic House of Delegates setting. The session is designed to build confidence, increase engagement, and prepare members for meaningful participation in future meetings.

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7 am-7 pm | *Irving Convention Center*
4-7:30 pm | *Westin*

Expo Hall Open
11 am-5:30 pm | *Irving Convention Center*

3:30-4:30 pm	CONCURRENT CME SESSIONS *(cont.)*
ICC Ballroom 7 Level 4	**Leading Medicine Through Legal and Technological Change: AI, Telehealth, and the New Scope of Practice** Daniel Sternthal, JD AI tools, telehealth platforms, and shifting scope-of-practice laws are changing the day-to-day reality of medical practice faster than most physicians can track. This session cuts through the noise to address what physician leaders actually need to know, from federal regulatory developments to Texas Medical Board rules that affect decision-making, liability, and team supervision. We will also discuss concrete steps for bringing new technology into your practice without running afoul of compliance requirements or compromising the physician-led care model.
4:30-5:30 pm	**Networking Happy Hour in the Expo Hall**
5:30-8 pm	**Dinner on Your Own**
8-11 pm ***Texican Court, Chapel Ballroom***	**All Conference Mixer** *Hosted by TMA Sections, with support from TMA Insurance Trust*

NETWORKING HAPPY HOUR

LEVEL 4
IRVING CONVENTION CENTER

Friday, Sept. 18
4:30-5:30 PM

Join us for snacks, drinks, live music, and typewriter haikus!

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ALL CONFERENCE MIXER

Hosted by TMA Sections with support from

TMA INSURANCE TRUST

FRIDAY, SEPT. 18

8-11 PM | TEXICAN COURT CHAPEL

Test your music memory skills with ***Musical Bingo*** for a chance to win prizes at this come-and-go style event.



Get Ready for Open Enrollment 2027

After helping more than 800 practices secure group health insurance, a few things have become clear to the advisors at TMA Insurance Trust.

★ **Every Practice Is Different**
No two medical practices look exactly alike. Depending on your practice structure, staffing needs, and plan goals, there may be more group health solutions available than you realize.

★ **Experience Matters**
Working with a TMA Insurance Trust advisor can help uncover coverage opportunities, explain eligibility requirements, compare plans, and simplify group health decisions. From Group PPO and HMO plans for solo practice owners, to level-funded solutions for practices of 5 to 50, our advisors help physicians evaluate options at no cost and with no obligation.

★ **Start Early**
The best group health decisions often happen before Open Enrollment begins. Reviewing your coverage now can help you prepare for the year ahead and may uncover opportunities to manage costs and improve benefits.



Call us today to see if you can still lock in your 2026 rate for the next 12 months before Open Enrollment begins.

TMA INSURANCE TRUST

Whether you're evaluating coverage for your staff, your family, a new practice, or simply yourself, a TMA Insurance Trust advisor is ready to help you prepare for Open Enrollment. Call 1-800-880-8181 Monday through Friday, 8:00 AM to 5:00 PM CST, or visit tmait.org.

SCAN TO CALL

ASK THE EXPERT BREAKFAST

Leading a Successful Medical Practice

SATURDAY, SEPT. 19 | 8-9 am | ICC Ballroom 6



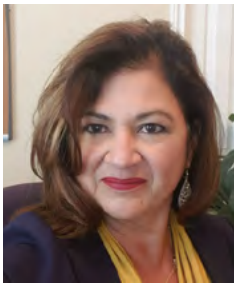
Eddie Lee Patton Jr., MD
Moderator



Josh Kennedy
Vice President, ARIA Health Services RCM



Guy Patterson
Executive Director



Mary Gonzales
Senior Business Relations Manager



Monte Byrd, ChFC, CLU, AIF, NQPA, CEPA
President



Jillian Vestal
Head of Legal

Stop by our panelists' tables in the Expo Hall and continue the conversation.

This presentation is informational only and the material presented does not constitute investment, retirement, financial or legal advice. **Nothing in this presentation substitutes for the advice of an attorney or relevant professional.** You should not rely on the information in this presentation when dealing with personal legal, financial, investment, or retirement planning decisions; rather, advice from an appropriate professional should be sought. Your needs, goals, and circumstances are unique and require the individualized attention of your retained financial and/or legal advisor. All investments involve risk of financial loss. Individuals must evaluate their own investment objectives, risk tolerance, time horizon, tax situation, and other relevant factors before making investment decisions. No content in the presentation may be considered a recommendation or endorsement of any product or investment-related option. The statements of panelists are their own and are not an endorsement of or recommendation by the Texas Medical Association (TMA). Neither TMA nor their attorneys are engaged in providing legal advice, financial advice, investment advice, or retirement planning advice. You release TMA, its officers, employees, and all persons involved from any liability connected with the presentation. By attending you acknowledge that you have read, understood, and accepted this disclaimer and have been fully informed of your consent, release, and waiver of liability.

AGENDA
SATURDAY, SEPT. 19

Registration and Baggage Check
6:30 am-2 pm | *Irving Convention Center*

Expo Hall Open
7:30 am-12:15 pm | *Irving Convention Center*

6:30 am-2 pm	**Complimentary Baggage Check On Level 4 of the Convention Center**
7:30-9 am	**Breakfast in Expo Hall**
8-9 am ***ICC Ballroom 6*** Level 4	**Ask the Expert Panel: Leading A Successful Medical Practice** *Moderator:* Eddie Lee Patton Jr., MD Start your day with expert perspectives and practical insights tailored especially for physicians.
9:15-10:15 am	**Scrubs, Suits, and Shenanigans: Texas Legislative Update**
ICC Ballroom 4 Level 4	Bradford W. Holland, MD, President, TMA Clayton Stewart, VP Public Affiars/Chief Lobbyist, TMA Join us as TMA pulls back the curtain on what's coming in the next legislative session–a lively, behind-the-scenes conversation about the issues physicians need to watch, the biggest challenges on the horizon, and how organized medicine is preparing to fight for physicians and patients in the session ahead.

10:15-10:45 AM **SMALL TALKS COFFEE BREAK**

Gather for casual conversations, make connections, and visit with exhibitors.

10:45 – 11:45 AM	**CONCURRENT SESSIONS**
ICC Ballroom 6 Level 4	**Leave Work at Work: Practical Workflow Systems to Reduce Charting and Inbox Burnout** Diana Mercado-Marmarosh, MD This interactive workshop supports physician wellness and mental health by addressing system-level contributors to burnout through practical workflow optimization. Designed for physicians across all specialties, the session walks participants through what they do before, during, and after the patient encounter to identify inefficiencies that drive after-hours charting and inbox overload. Physicians will walk away with actionable strategies to implement in their offices or hospitals.
ICC Ballroom 7 Level 4	**Information Session on the 2027 TMA EVP Search (No CME)** John T. Carlo, MD, Chair, TMA Board of Trustees With TMA's current EVP/CEO preparing to retire in late 2027, the TMA Board of Trustees will host an informational session on the upcoming search for TMA's next EVP/CEO. The session will provide an overview of the 2027 search process and offer an opportunity to learn more about this important leadership transition.
Noon-1:30 pm	**Closing General Session and Lunch**
ICC Ballroom 4 Level 4	**Combating Health Misinformation During a Public Health Crisis** Philip Huang, MD, Director/Health Authority, Dallas County Health and Human Services Department This session will provide practical strategies to counter dangerous misinformation during public health crises. Participants will see how rapidly false data can spread. Included will be quick communication frameworks to share accurate science clearly and protect patient safety. Attendees will also see how to work with trusted community partners to proactively build immunity against misinformation. *Hosted by Women's Physician Section, with support from TMA Insurance Trust*



CME INFORMATION

CME Reporting Simplified

TMA is taking care of your Leadership Summit CME credit tracking for you!

To ensure you receive accurate credit, please:

- Wear your conference badge at all times.
- Have your badge scanned as you enter each CME session.
- If you attend multiple sessions in the same room, have your badge re-scanned before each session begins.
- TMA will record your CME credit by Oct. 23.

All credit types will be recorded as part of this scanning (ethics).

Questions?

At the conference: Visit Member Services

After the conference:
Contact the Knowledge Center at
(800) 880-1300 or knowledge@texmed.org.

Accreditation Statement

The Texas Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement

The Texas Medical Association designates this live activity for a maximum of 7 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course has been designated by the Texas Medical Association for up to 1.5 credits of education in medical ethics and/or professional responsibility.

Credit designations are subject to change. See individual session descriptions for specific credit designations.

WE WANT YOUR FEEDBACK!

Please take a moment to complete the conference evaluation.

FEEDBACK FORM

BUSINESS MEETINGS

A full list of TMA's boards, councils, committees, and sections is available at **texmed.org/BCCInfo**.

Having trouble finding your meeting? Visit the registration desk or check the website for the up-to-date schedule.

Many councils and committees hold business meetings in conjunction with TMA's Leadership Summit. At the discretion of the chair, these groups may invite other TMA members and guests to attend their meeting. The chair may also determine whether a guest can participate in the meeting. Guests may be required to leave if the council or committee goes into an executive session for closed deliberation. If you are not a member of these groups, please ensure you have spoken with the appropriate chair or TMA staff member to request or confirm attendance. Meetings of TMA boards are limited to the members of those boards.

DAY	DATE	START	END	GROUP	LOCATION	
BOARD MEETINGS						
Friday	Sept. 18	7:15 PM	9:15 PM	Board of Councilors	Level 1, Melody 3	Westin
Thursday	Sept. 17	10:00 AM	3:00 PM	Board of Trustees	Level 1, Melody 1	Westin
COUNCIL MEETINGS						
Friday	Sept. 18	1:30 PM	4:30 PM	Council on Health Care Quality	Level 3, Room 8	ICC
Friday	Sept. 18	8:00 AM	9:30 AM	Council on Health Promotion	Level 3, Room 1	ICC
Friday	Sept. 18	4:30 PM	6:30 PM	Council on Health Service Organization	Level 3, Room 1	ICC
Friday	Sept. 18	8:30 AM	11:00 AM	Council on Legislation	Level 4, Ballroom 8	ICC
Friday	Sept. 18	11:00 AM	1:45 PM	Council on Medical Education	Level 3, Room C2	ICC
Friday	Sept. 18	9:00 AM	12:00 PM	Council on Science and Public Health	Level 3, Room B2	ICC
Friday	Sept. 18	6:00 PM	9:00 PM	Council on Socioeconomics	Level 1, Harmony B	Westin
COMMITTEE MEETINGS						
Friday	Sept. 18	4:00 PM	6:00 PM	Committee on Alternative Payment Models	Level 3, Room B2	ICC
Friday	Sept. 18	6:00 PM	8:00 PM	Committee on Infectious Diseases	Level 1, Harmony C	Westin
Friday	Sept. 18	10:00 AM	11:30 AM	Committee on Medical Home and Primary Care	Level 3, Room 4	ICC
Friday	Sept. 18	6:00 PM	9:00 PM	Committee on Physician Distribution and Health Care Access	Level 1, Harmony E	Westin
Saturday	Sept. 19	8:00 AM	9:30 AM	Interspecialty Society Committee	Level 3, Room C2	ICC
Friday	Sept. 18	9:00 AM	11:00 AM	Subcommittee for Academic Physicians	Level 3, Room 6	ICC
SECTION MEETINGS						
Friday	Sept. 18	6:00 PM	7:00 PM	International Medical Graduate Section	Level 3, Room 4	ICC
Friday	Sept. 18	6:00 PM	7:00 PM	LGBTQ Health Section	Level 3, Room 5	ICC
Saturday	Sept. 19	1:30 PM	3:00 PM	Medical Student Section	Level 3, Room A2	ICC
Friday	Sept. 18	7:15 PM	8:15 PM	Resident and Fellow Section	Level 3, Room 9	ICC
Saturday	Sept. 19	7:00 AM	8:00 AM	Women Physicians Section	Level 3, Room A2	ICC
Friday	Sept. 18	7:15 PM	8:15 PM	Young Physician Section	Level 3, Room 7	ICC

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DAY	DATE	START	END	GROUP	LOCATION	
CAUCUS MEETINGS						
Friday	Sept. 18	1:30 PM	3:00 PM	Border Health Caucus	Level 4, Ballroom 8	ICC
Friday	Sept. 18	10:00 AM	11:00 AM	House Steering Caucus	Level 3, Room 2	ICC
PAC MEETINGS						
Friday	Sept. 18	3:00 PM	4:00 PM	Scope PAC Board Meeting	Level 3, Room 2	ICC
Friday	Sept. 18	7:00 PM	9:00 PM	TEXPAC Board of Directors	Level 1, Harmony A	Westin
Friday	Sept. 18	Noon	1:30 PM	TEXPAC Candidate Evaluation Committee	Level 3, Room A2	ICC
OTHER MEETINGS						
Thursday	Sept. 17	5:30 PM	8:30 PM	County Medical Society Executives	Level 1, Melody 1	Westin
Friday	Sept. 18	4:30 PM	6:00 PM	Texas Delegation to AMA	Level 1, Harmony D	Westin
Friday	Sept. 18	2:00 PM	5:00 PM	TMA Alliance Board Meeting	Level 3, Boardroom	ICC
Friday	Sept. 18	5:30 PM	8:00 PM	TMA Foundation Board of Trustees	Level 1, Melody 2	Westin
Friday	Sept. 18	6:00 PM	8:00 PM	TMA Insurance Trust Board of Trustees	Level 1, Melody 1	Westin

Store your bag and stay a while.

Complimentary Baggage Check

Saturday, Sept. 19 | 6:30 AM-2 PM

IRVING CONVENTION CENTER, LEVEL 4





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TEXMED 24

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APRIL 15-17
MARRIOTT MARQUIS